

May 2026 Newsletter

Thank you for being part of the AktivCoast Healthcare community! We're excited to share this packed May edition of the newsletter, featuring personal insights from Dr. Linn and Dr. Gordon. Grab a snack and settle in for a valuable five-minute read. We guarantee you'll learn a few helpful tips and hopefully be entertained along the way!

We aim to have a positive impact on the community. If you find this newsletter beneficial, please share it with friends and family! Your support helps us grow, and we would love it if you could follow us on social media or leave a review on our Google page.

Thanks! — The AktivCoast Healthcare Team

In this issue:

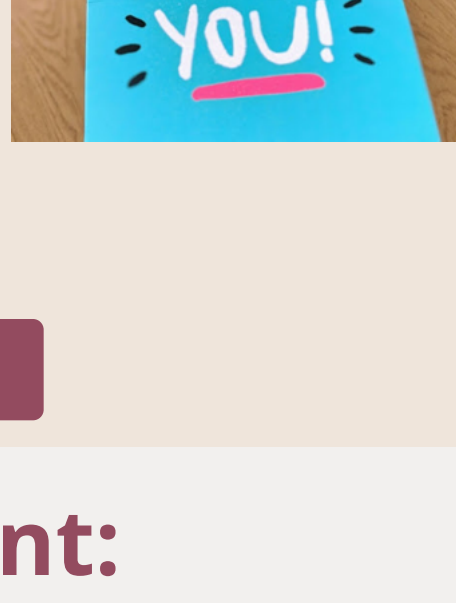
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Refer a Friend; Get a Coffee

We really value the trust you place in us when you refer your friends and family! As a small gesture we are excited to continue our Referral Rewards Program, offering a special treat at L'Aromas.

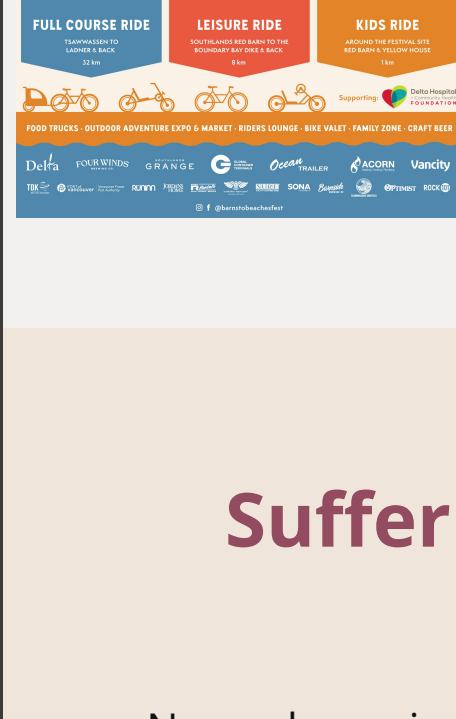
If you have recently referred a friend or family member, keep an eye on your inbox! We will send you an email at the end of each month to let you know you've received a credit for L'Aromas. All the details on how to redeem your reward will be included in that email. You may even receive this reward notification directly from the L'Aromas team.

Should you have any questions about the program, please don't hesitate to reach out to us at info@coasthealthcare.ca.



[Book an Appointment Here](#)

Community Involvement: Barns to Beaches Festival



We're thrilled to be part of the **2026 Barns to Beaches Festival** on **June 20!**

Located at The Red Barn in Southlands and centred around a scenic bike ride from Southlands in Tsawwassen, this exciting day brings the community together for a lineup of events designed for all ages and abilities. We'll be there connecting with our community including the riders, helping them feel their best as they take on the ride.

The event supports the incredible work of the Delta Hospital and Community Health Foundation. We can't wait to see you there!

Another great opportunity to catch some live music is at the Harvest Festival in September. Early bird tickets on sale until May 31st

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